

# Facial Diagnosis

## Part 2

Sunken Temples:  
**CHRONIC DEHYDRATION**  
or **MALNUTRITION**

Lines underneath eyes:  
**ADRENAL**  
**WEAKNESS**

Bags under eye:  
**KIDNEYS,**  
**LIVER** or  
**LYMPH**  
**CONGESTION**

Bigger ears:  
**HEARTY CONSTITUTION**  
in **AYURVEDA**

Vertical wrinkles above upper lip:  
**PARASITES**  
OR **SMOKER**

Both lips thick:  
**UNDERACTIVE THYROID,**  
**LOTS OF PHLEGM**

White spots on nails:  
**ZINC DEFICIENCY**  
*caused by chronic parasites*



Bulging veins around temples:  
**HIGH BLOOD PRESSURE**

Hairy ear canal:  
**HEART RISK**

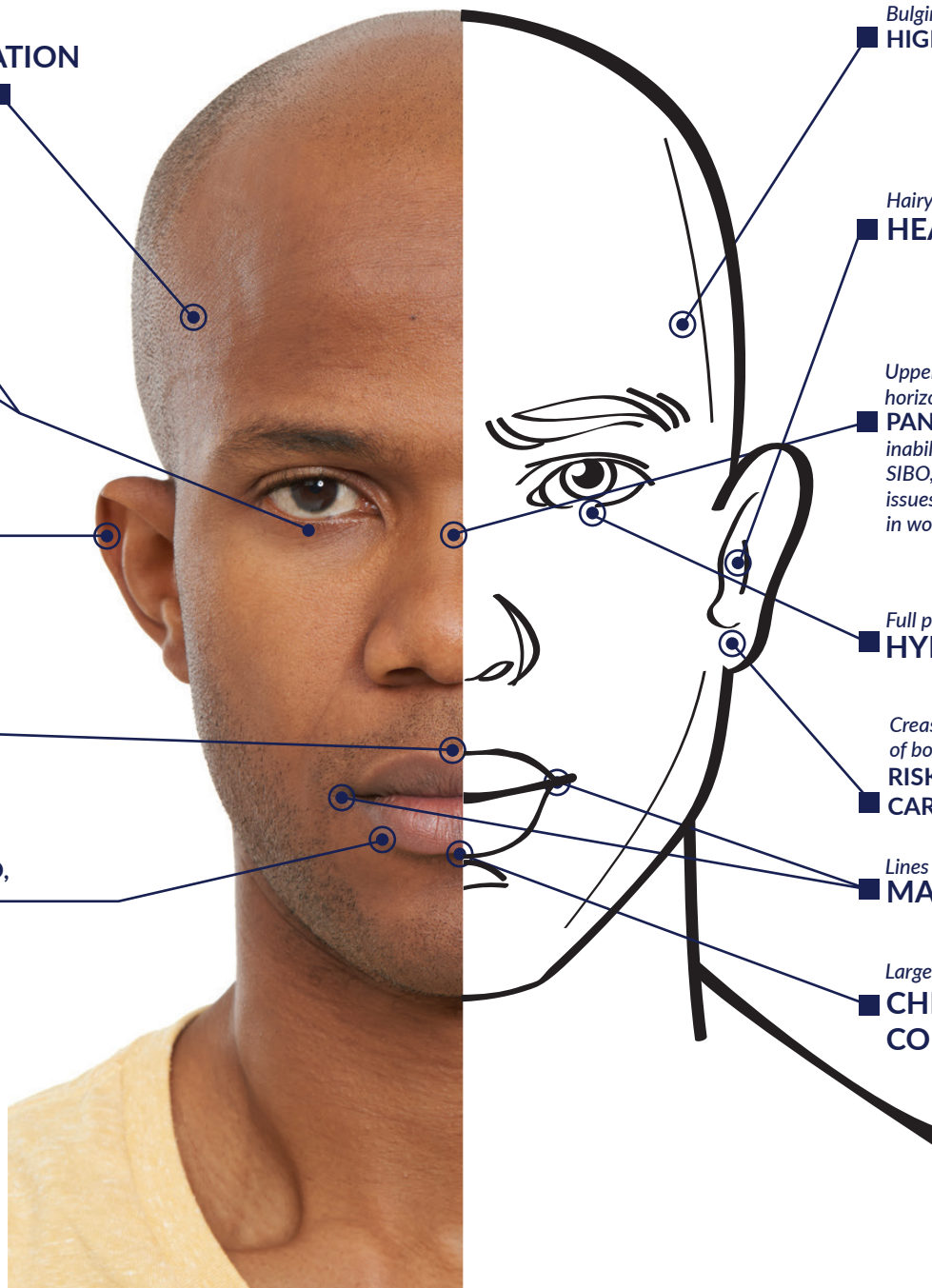
Upper part of upper nose,  
horizontal wrinkles:  
**PANCREATIC STRESS**  
*inability to process sugar,  
SIBO, Candida, prostate  
issues in men, cervical issues  
in women.*

Full puffiness under eyes:  
**HYPOTHYROID**

Crease or line in the middle  
of bottom earlobe:  
**RISK FACTOR FOR**  
**CARDIOVASCULAR**

Lines around sides of mouth:  
**MALABSORPTION**

Large lower lip:  
**CHRONIC**  
**CONSTIPATION**



**DR. JAY**  
DAVIDSON SIMPLIFYING  
COMPLEX  
CONDITIONS

Note: This handout is not intended to diagnose a condition, but rather to help you understand cues your face and body may be giving you.